PRINCIPAL'S REPORT
At the G20 last week two of our students were involved at events with world leaders. Montel Butterworth danced with the Nunukul Yuggera Aboriginal Dancers for both Mr Obama and Mr Putin whilst Macey Dahili was in attendance at the US Presidents Brisbane Speech at the University of Queensland. See photo below. What a memorable life moment for our students.

What an impressive night our Main Awards evening was. I was thrilled to see so many parents there supporting the endeavours of their children. I was impressed by the night and I felt it really allowed us to showcase the many and varied talents of our students. Congratulations to Mrs Wonnacott and her team for their organization of the evening.

The quality of our music performers on main awards night was again outstanding. Hours of hard work goes into these productions and I am sure, like me, any of you who were there would have enjoyed the level and quality of performance. This year we added the dance routine as well and it was excellent. Congratulations students and all of the teachers involved in presenting these items.

The 2014 school magazine will be available early next year and I am sure you will all enjoy reading it. As always it is a great record of the school year and I thank Mr Middleton and his committee for their excellent work. The advance copy I have seen is of our usual excellent quality.

School for year 10 and 11 finishes Friday November 28 and the Year 8 and 9 students finish on Friday December 12. Normal classes with a focus on core learnings have been put in place for the last two weeks. All students will be in activities aimed at improvement in these critical areas.

Our years 7 and 8 for 2015 will visit on Tuesday 4th December. This gives all of our new students the chance to get a feel for high school life. Mr Howe, Mr Middleton and Ms Currie have organized a spread of classes for the day and our new students will benefit from this.

Our seniors of 2014 finished school today and I have enjoyed attending both the graduation ceremony and the formal during this week. The formal at Dreamworld was an excellent night and a special thank you goes to Ms Voight and her team for the organization and for their work with this fine group of young people. Over their high school years many of these young people have contributed to their communities as active citizens. I enjoyed speaking with many of the students at both of these events. I would also like to thank all parents for their efforts as parental support is essential in giving your young adults the opportunities that now await them.
MR MATT O’HANLON

PRINCIPAL

21 November 2014

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STUDENT PAYMENTS

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STUDENT RESOURCE FEES ARE NOW DUE!

Payments can be made via: Cash, Cheque, Eftpos/Credit Card, or Internet Banking

BEENLEIGH STATE HIGH SCHOOL BANK DETAILS 2013

<table>
<thead>
<tr>
<th>Account Name: Beenleigh SHS General A/C</th>
<th>BSB: 064 401</th>
</tr>
</thead>
<tbody>
<tr>
<td>Account Number: 0090 1289</td>
<td>DETAIL: (Place student's name)</td>
</tr>
</tbody>
</table>

Centrepay is also available for those who wish to pay via Centrelink deduction. Forms are available from the payment window.

Year 12 students must have no outstanding fees/levies to be eligible to attend the 2014 Senior Formal.

The Student Payment room operates 8:30am – 2:00pm, Monday, Wednesday, Thursday & Friday, closed Tuesdays. For further information please do not hesitate to contact Lisa on 3442 3741.

CLICK HERE FOR PDF OF SCHEDULE OF FEES AND LEVIES

STOP PRESS

- P & C Meeting every 3rd Monday evening of the month at 5:30pm
- If you wish to view the Electronic version of our newsletter, you could phone the office with your email address or view on the website [http://www.beenleighshs.eq.edu.au/](http://www.beenleighshs.eq.edu.au/) newsletter
- If you wish to have your newsletter forwarded to you by email, please call the office or email info@beenleighshs.eq.edu.au
- Students and Parents can assess and print up their timetable on their OneSchool page

BEENLEIGH STATE HIGH SCHOOL
RESPONSIBLE ELECTRONICA
POLICY SUMMARY

*The Use of Personal Technology Devices at School*

This policy *summary* reflects the importance the school places on students displaying courtesy, consideration and respect for others whenever they are using personal technology devices.

- The school does not accept responsibility or liability for damaged or stolen electronica such as mobile phones and other personal technology devices (e.g. iPods).
- Personal technologies must be turned off and out of sight during assemblies or classes.
- Personal technology should only be used in a classroom for learning under the explicit instruction and direction of a teacher.
Personal technology devices may be used during morning tea and lunch breaks and before and after school.

Teachers will remove electronica from students if they are not being used appropriately and they will be returned to students within a reasonable time frame.

Recording of behaviours or incidents such as fighting, pranks or bullying on personal electronica is not permitted or legal. Recording of such incidences is an invasion of personal privacy and will result in disciplinary action.

Devices containing evidence of criminal offences may be reported to the police. In the event of this occurring, police may take possession of such devices with students/parents advised to contact Queensland Police Service directly.

The school takes no responsibility for, and has no jurisdiction over, personal social network content (e.g. Facebook, Twitter). Such matters should be referred to the Network Site itself (e.g. Facebook) or the Queensland Police Service.
MINISTER FOR EDUCATION VISIT TO TECHNOLOGY

On Friday the 17th of November during the education ministers’ visit, three Technology Studies students had the opportunity to showcase their great work that they have been completing in senior ITD subjects.

Cameron Beck, Duy Nguyen and school captain Cody Squires talked to education minister John Paul Labngbroek and local MP Mike Latter about their year 12 technology studies projects.

Cameron Beck explained to the minster what was involved in the Technology Studies course and how students have to respond to complex design situations to create innovative design solutions. Cameron also talked about his creative multimedia display product that he made that is used for holding numerous electronic items such as mobile phones and tablets.

Duy Nguyen talked to the minister about the design process and documentation of research, findings, exploration, sketches, developments, CAD, planning and evaluating ideas through a visual design folio. Duy also talked about his innovative rotational spice storage device which allows the cooking enthusiast to load and store a number of herbs and spices in a revolver like device allowing multiple ingredients to be efficiently and effectively added to a meal with very little mess from one device.

Cody Squires received a late call up to talk to the minister about 3D printing. Cody explained the 3D printing process and its advantages of eliminating human era in production. He explained how 3D printing allows students to explore more options when it comes to production, as products can be produced computer numerically that students may not necessarily be able to construct by hand. Not to mention the time saved in doing so. Cody also talked about his innovation in the creation of a potential mass market product in the form of his fishing reel and line applicator. Cody designed a product that assists in the removal and application of new line to multiple variations of fishing reels. The product assists small children, the elderly and peopleed that lack fine motor skills complete this process more efficiently.

*By Mr McDonough – Industrial Technology and Design Co-ordinator*
DIVINE OUR DESTINY

The dance department is busting with talented students this year and Kaitai, Keithyn and Justice are no exception. These boys have formed their own crew called "Divine our Destiny", along with a fourth member, Zac Baldwin. The boys have been involved in many performances this year, including the Sydney, Brisbane and Gold Coast Neon Run, where they performed in front of crowds of over 8000 people. Next year they have been employed by Neon Run to perform on the Australian tour, where they get to dance in front of huge crowds in every state. They also recently had a claim to fame where they were asked up on stage to perform for Red Foo at his recent performance at the Hyperdome. These boys are incredibly talented, hardworking and professional and we are very lucky to have them in the dance department at Beenleigh State High.
POSITIVE BEHAVIOUR FOR LEARNING (PBL)

Our PBL focus for this fortnight has been *WE ACHIEVE – Rise above our circumstances* as stated by the late Nelson Mandela. We wish for every student at Beenleigh SHS to realise that no matter what their circumstances in life, they have the power within them to succeed by setting goals and striving to achieve them. It all comes down to discovering what we are passionate about.

"Everyone can rise above their circumstances and achieve success if they are dedicated to and passionate about what they do."

-Nelson Mandela

*Our PBL focus for the next fortnight will be ‘WE CARE- Respect personal boundaries’.* The following students have done an amazing job. Congratulations to the three Year 12 students who are the winners of our yearly PBL award. They receive an $80 gift voucher!

Keep up the great work!

*By Mrs Richardson – Library Teacher Aide*

<table>
<thead>
<tr>
<th>YEAR 8 AWARDS</th>
<th>YEAR 9 AWARDS</th>
<th>YEAR 10 AWARDS</th>
<th>YEAR 11 AWARDS</th>
<th>YEAR 12 AWARDS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Talib Abdul Khaliq</td>
<td>Chloe Gaffey</td>
<td>Brendan Robinson</td>
<td>Anthony Tongia</td>
<td>Taryn Brehmer</td>
</tr>
<tr>
<td>Tyson Turner</td>
<td>Shae-Anne Nicholson</td>
<td>Keisha Freeman</td>
<td>Monica Paul</td>
<td>Daniel Tindall</td>
</tr>
</tbody>
</table>
2014 STUDENT LAPTOPS

All students must return their laptop by the end of the year. This is so we can audit the laptops and ensure that any maintenance can be carried out.

Year 12s: Must be returned by Friday 14th November (week 6). Students will not be able to graduate and attend the formal until it has been returned.

Year 10s & 11s: Must be returned by Wednesday 26th November (week 8).

Year 8s & 9s: Must be returned by Friday 5th December (week 9).

If students wish to continue with the student laptop program (tablet or laptop), they can complete a new contract that can be collected from the office and pay a $50 deposit at the payment office. This can occur from Monday 17th November. Students can then take the laptop home over the holiday period. This is only available to current students. Outstanding fees or levies must be paid before a laptop will be distributed.

BYOD

If your child is bringing their own device in 2015, they will be required to sign the Responsible Use Policy (RUP). You should ensure that the device can connect to Wi-Fi, and complete word processing and presentation documents such as Powerpoint and Word. It is highly recommended that parents insure the device, as it is the student’s responsibility.

If you have any questions please email Ms Jolly celph6@eq.edu.au

By Miss Jolly – HOD Business/ IT/ ITD/ Home Ec
YEAR 12 STUDENTS LEAVING SCHOOL -

OPPORTUNITIES

CLICK HERE FOR PDF OF CERTIFICATE III IN HOSPITALITY

SEQ Year 12 school leavers

WORK FEB-JUN 2015
TAX-FREE PAY
ARMY RESERVES

This is a LIMITED opportunity

- The Australian Army’s 11th Brigade in South-East Queensland has a unique offer to year 12 school leavers, to work as a Rifleman from mid February until the end of June 2015.
- There are only 60 positions available in this program, and only the best will be selected.
- The work will involve attending basic training at the Army Recruit Training Centre, in NSW.
- As a fully qualified soldier, you will then work with your chosen unit, and may be selected to participate in a major military exercise.
- After successful completion of the program, you will continue part-time as an Army Reserve soldier at your local unit for 20-100 days per year.
- You will earn tax-free income, gain valuable
MINISTER FOR EDUCATION VISIT

TO BEENLEIGH SHS AGRICULTURAL SCIENCE

Minister John-Paul Langbroek (Minister of Education Queensland), Michael Latter (State Member of Parliament) and Jennie Breene (local council member) and colleagues visited the Beenleigh Demonstration Farm and Feedlot ALFA 899 to discuss the Beenleigh SHS and BHQ Droughtmaster Stud - AI (artificial insemination) and ET (embryo transfer) program.

The farm and the school have been able to pioneer new opportunities in animal care and expand our agriculture, horticulture, conservation and land management strategies with the support of our Principal - Mr Matthew O’HANLON and State Member of Parliament - Michael Latter and our local council member - Jennie Breene both.

The purpose of the visit was to highlight our ET (embryo transfer) program. Both science students and agriculture students are involved in observational activities. Our senior students involved in Senior Agriculture Science and qualifications in Certificate II in Rural Operations and Certificate II in Animal Studies actually participate in the program and exhibit these young cattle at various Chamber of Commerce events in Northern New South Wales and South East Queensland. One of the strategies resulted in David TORRISI of Vitwood Droughtmaster Stud supplying us with quality semen for artificial inseminations. The bulls supplies in 2012 / 2013 included Vitwood Komatsu and Vitwood Kingpin. (refer Diane MANTEI of Droughtmaster Australia for further details).
Following is a copy of an article placed in the Beenleigh State High School magazine recently:

Dr Dan Jillela from UQ Veterinary Science, (Gatton) has been working with the Department now since 2011. Supporting our Senior Agriculture Science and VET students in their learning and providing specialists knowledge of breeding services including AI (Artificial Insemination) and Vitro Embryo Fertilisation and ET (Embryo Transfer).

Our first attempt at our embryo transfer program was also support by Kate Rebgetz (Veterinarian) with great success. (40%) Forty percent of our recipients (cows implanted with fertilised eggs) became mothers (surrogates) and this program has now continued through to 2014. Birthing details and the fact that we had to assist the birth process of our (3) three AI /ET bulls and (1) one AI/ET female indicate that we have definitely select for size for our future beef cattle.

In 2014, we have started a new program, we have again selected two (2) donors who were artificially inseminated on Wednesday 22nd October and on Friday 31st October our (10) recipients were implanted with fertilised embryos and we eagerly await the next step, a beautiful group of new born calves to be added to our BHQ Droughtmaster Beef Stud.

L – R: Mr Neville Moore (Vet Coordinator, Feedlot QA Manager), Minister John-Paul Langbroek (Minister of Education Queensland), Councillor Michael Latter (State Member of Parliament), Mr Robert Nowlan (HOD – Agriculture, Feedlot QA Manager), Councillor Jennie Breene (local council member), Jasmin Dewey (student), and Annette Moratti (student and School Prefect – Agriculture. The first heifer/cow -

By Mr Moore – Agricultural Science Teacher

MELBOURNE CUP FUNCTION

The staff of Beenleigh SHS would like to say a huge thank you to the students of Certificate II Hospitality (Kitchen Operations and Front of House) that worked to produce a brilliant function for Melbourne Cup day. All students involved did an amazing job in catering for and serving the 36 staff members who attended. Guests were greeted at the door with colourful mock tails, and helped themselves to a buffet of meats and salads, which included meals such as blue vein cheese infused beef and prawn cocktails. A big thank you to Ms Jolly, Ms Davis, and Annette Duffield for the work that went into organising, this fantastic function.

By Miss Davis – Hospitality Teacher
‘BURNIN’ RUBBER WITH

THE SPECIAL EDUCATION PROGRAM

Just recently, all the students from the S.E.P were given the opportunity to enjoy the sun, sights and sounds of the Gold Coast 600. All packed up and ready to rock, we went by train, bus and tram (no plane unfortunately) all the way to Surfers Paradise.

The energy was electric and the stench of burning rubber intoxicating. And the noise! It was a real party atmosphere with dancing, music and a whole lot of wicked cars. From Corvette’s and Camaro’s, to Murcielago’s and Mclaren SLK’s. It was some serious car enthusiast eye candy.

Just as the heat was starting to take its toll and the bodies were dropping, the hot wheels cars, drag bikes and flame trucks came screaming around the corner with rubber flying and smoke screaming out the back. It was a great way to finish a great day. All the students were an absolute credit to the school and I am sure that will be itching to get their V8 supercar fix next year.
TORI GROVES-LITTLE NEWS

One of Beenleigh State High School’s very talented year 9 students, Tori Groves-Little, has recently played for the Gold Coast Sunsets in the Under 18 Youth Girls State Championships. This was a very successful carnival for Tori and her team, as they finished second in the division 1 grand final, losing by only 1 point to Brisbane South.

As a result of her outstanding skill and ability consistently displayed throughout these championships, Tori has been selected as part of the Under 18 Youth Girls AFL Queensland Team to play in the National Championships in 2015. This is a huge achievement for a girl who is only 14 years of age.

Tori is dedicated and extremely committed to the sport and follows a strict training program to develop her fitness and skills further. Tori has also been identified as a talented AFL athlete who has the attitude and attributes to be invited to participate in the Gold Coast Summer Talent Program. This Youth Girls Squad will undergo a specific skill development program which will run for 9 weeks over the summer period at Metricon Stadium on the Gold Coast.

The girls will have access to elite coaches and development officers who will focus on each skill area and the fitness requirements of an AFL athlete.

This is an amazing opportunity for Tori and she has worked very hard to achieve this level of success and we wish her all the very best with her future in AFL football.

Well done Tori!

By Mrs Callaghan - AFL Coach/Science Teacher
### ANNUAL AWARDS 2014

**CLICK HERE FOR PDF OF THE FULL PROGRAM OF AWARD RECEPIENTS**

**HONOUR AWARDS**

<table>
<thead>
<tr>
<th>Category</th>
<th>Recipient</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>CHAMPION HOUSE</strong></td>
<td>Pimpama</td>
</tr>
<tr>
<td><strong>SPORTSPERSON OF THE YEAR</strong></td>
<td>Tori Groves-Little</td>
</tr>
<tr>
<td><strong>THE HAMMEL FAMILY RURAL VOCATIONAL AWARD</strong></td>
<td>Teevan Billiau</td>
</tr>
<tr>
<td><strong>YR 10 - AUST DEFENCE FORCE LEADERSHIP &amp; TEAMWORK AWARD</strong></td>
<td>Matthew Canafe</td>
</tr>
<tr>
<td><strong>YR 12 - AUST DEFENCE FORCE LEADERSHIP &amp; TEAMWORK AWARD</strong></td>
<td>Hayden Woodgate</td>
</tr>
<tr>
<td><strong>WESTPAC COMMUNITY AWARD</strong></td>
<td>Cody Squires</td>
</tr>
<tr>
<td><strong>BEENLEIGH YATALA CHAMBER OF</strong></td>
<td>Bianca Armstrong</td>
</tr>
<tr>
<td>Award</td>
<td>Recipient</td>
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<tr>
<td>COMMERCE BUSINESS AWARD</td>
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<tr>
<td>QUOTA CLUB “ACHIEVER OF THE YEAR” AWARD</td>
<td>Duy Nguyen</td>
</tr>
<tr>
<td>THE PRINCIPAL’S AWARD</td>
<td>Rachelle Maas</td>
</tr>
<tr>
<td>CALTEX BEST ALL ROUNDER AWARD</td>
<td>Gabriele McFarland</td>
</tr>
<tr>
<td>AMBASSADOR OF GOODWILL AWARD</td>
<td>Brooke Longham</td>
</tr>
<tr>
<td>BRIAN COLLARD MEMORIAL AWARD</td>
<td>Cody Squires</td>
</tr>
<tr>
<td>DUX OF THE SCHOOL</td>
<td>Cecilia Liu</td>
</tr>
<tr>
<td>LIONS CLUB OF TWIN RIVERS ‘MOST IMPROVED STUDENT AWARD’</td>
<td>Joel Essex</td>
</tr>
<tr>
<td>ROTARY ALL ROUNDER AWARD</td>
<td>Nathanial Aganon</td>
</tr>
<tr>
<td>GRIFFITH UNIVERSITY REACH AWARD</td>
<td>Claressa Babad,</td>
</tr>
<tr>
<td>BERT VAN SCHOOL LEADERSHIP AWARD</td>
<td>Matthew Canafe, Britney Maas &amp;</td>
</tr>
<tr>
<td>GRIFFITH UNIVERSITY LOGAN CAMPUS BURSARY</td>
<td>Dani-elle Morris</td>
</tr>
<tr>
<td>Griffith University Academic Excellence Bursary</td>
<td>Macey Dahili</td>
</tr>
<tr>
<td>TOP YEAR 8 STUDENT AWARD</td>
<td>Erynn Dernelley</td>
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<tr>
<td>TOP YEAR 10 STUDENT AWARD</td>
<td>Matthew Canage</td>
</tr>
<tr>
<td>TOP YEAR 9 STUDENT AWARD</td>
<td>Alecson Liang</td>
</tr>
<tr>
<td>TOP YEAR 11 STUDENT AWARD</td>
<td>Lycharne Parkinson</td>
</tr>
</tbody>
</table>


**THE HAMMEL FAMILY RURAL VOCATIONAL AWARD** - This award recognises a student's contribution to the area of Agriculture.

**AUSTRALIAN DEFENCE FORCE LEADERSHIP & TEAMWORK AWARDS YEARS 10 & 12** - These awards recognise a student in Year 10 and Year 12 who have demonstrated behaviours consistent with the Australian Defence Force's values of friendship, teamwork, problem solving, resourcefulness, communication, cooperation and community involvement.

**WESTPAC COMMUNITY AWARD** - The award recognises a student's commitment to the school and wider community.

**BEENLEIGH YATALA CHAMBER OF COMMERCE BUSINESS AWARD** - This award recognises a student who has an aspiration to enter a business field.

**QUOTA CLUB ACHIEVER OF THE YEAR** - This award recognises a student’s contribution to the total school in a non-academic area.

**THE PRINCIPAL’S AWARD** - This award recognises an Aboriginal or Torres Strait Islander student who strives at all times to achieve excellence in class work and other events whilst demonstrating qualities of dedication, courtesy, cooperation and self-discipline and acts as an acceptable role model at all times.

**AMBASSADOR OF GOODWILL AWARD** - This award recognises a Year 12 student who demonstrates strong leadership and care and compassion.

**BERT VAN MANEN SCHOOL LEADERSHIP AWARD** - This award recognises a student who demonstrates strong leadership and is a good role model to their peers and the local community.

**CALTEX ALL ROUNDER** - This award recognises a contribution to sport, leadership and achievement across the school community.

**BRIAN COLLARD MEMORIAL AWARD** - This award recognises a student who has the ambition to become a tradesman and has taken steps in that direction.

**DUX OF THE SCHOOL** - This is the highest level of Academic achievement by a Year 12 student as taken from the QSA results.

**ROTARY ALL ROUNDER** - This award recognises a student who has made a contribution to the academic, sporting or cultural life of the school.

**LIONS CLUB OF TWIN RIVERS ‘MOST IMPROVED STUDENT AWARD’** - This award is designed to recognise students who have made the most progress in academics, arts or social skills during the school year. This award is not aimed at the high achievers of the school, but at those who through hard work and perseverance have improved themselves.

**GRIFFITH UNIVERSITY REACH AWARD** - Recognising Enthusiasm Achievement Courage and Hard Work. This award is offered as encouragement for these Year 10 students to persist with their learning in Years 11 and 12 and to support their aspirations.
**GRiffith University Academic Excellence Bursary** - This award is presented to a student who has achieved excellent results and has applied to Griffith University for a position in 2015.

**GRiffith University Logan Campus Bursary** - This award is presented to a student who has achieved highly and has applied to Griffith University Logan Campus for a position in 2015.

**Top Students Years 8 – 11** - Top student overall for each year level.

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**School Nurse Information**

It’s that time of the year, to take the opportunity to revisit sun safety through promotion of Sun Smart behaviours. As we prepare to enter spring in a state that continues to have the highest rates of skin cancers in the world please take time to remember to:

Sun Smart has a free iphone application: Simply visit iTunes App Store on your iphone or internet to access free information about the weather, temperature, ultraviolet radiation levels and protective measures.

Visit your local GP/ Skin Cancer Clinic for regular check-ups and information about skin cancer. For access to more information and resources visit: [www.cancerqld.org.au](http://www.cancerqld.org.au) or ph 3634 5100 or the Cancer Council Helpline: 131120.

---

![Sun Smart Tips](image_url)

**SLIP** on clothes with sleeves and a collar.

**SLOP** on broad-spectrum, water resistant SPF 30+ sunscreen – apply 15 to 20 minutes before going out in the sun and reapply every two hours.

**SLAP** on a broad-brimmed, bucket or legionnaire hat.

**SEEK** shade when you are outdoors.

**SLIDE** on sunglasses that meet the Australian Standard AS/NZS 1067:2003 and fit close to the face.

ADDITIONALLY reduce your time in the sun between...
Health News: Mental Health Week

October 7-12 was Mental Health Week in Queensland. It is a reminder to us all to consider our own mental health, what we model to our children and how we care for ourselves. As a parent and/or educator of teenagers, at times their moodiness or lack of family involvement seems to err on the “this-is-not-quite-right” side of the “Is my teenager normal?” scale. How do you know if you should be taking the next step?

5 signs your teen needs mental health treatment

Teens go through emotional ups and downs all the time. Hormones are changing, life can seem overwhelming, and without much life experience, a young adult can feel misguided. When parents are busy working, or a natural separation from family occurs, teens may turn to friends instead of parents. Peer support can be helpful for certain issues. But when the symptoms of a mental illness are present, more than a good friend is needed. The problem is, teens may not understand what the feelings they experience mean. As a parent, it’s important to stay connected so that you notice any changes or any symptoms of a mental illness in your child.

Mental illness includes depression; anxiety; bipolar disorder; schizophrenia; borderline personality disorder; post-traumatic stress disorder (PTSD); attention-deficit disorder (ADD); attention-deficit hyperactivity disorder (ADHD) and many more disorders that can interfere with your teen’s daily life. In an effort to self-medicate — to control the symptoms of the undiagnosed and untreated mental illness — a teen without help may turn to drugs, alcohol, or eating disorders to feel better, to escape, to numb out, or to feel in control.

Below are some ways to tell if your teen may need mental health treatment.

1. Mood swings. How can you decipher a moody teen from a true set of mood swings that indicate mental illness? You know your child better than anyone else. Trust that you can recognize a shift in mood that is out of character for your son or daughter.

2. Behavioral changes. The same thing goes for your child’s behavior. Of course behavioral choices change as your teen gets older, but if your son or daughter is presenting as a different person to you, this may indicate a mental illness or substance abuse.

3. Consequences in school and among friends. A mental illness can distract from concentration, which can affect school performance and the ability to sustain relationships with peers.

4. Physical symptoms. Decreased energy, changes in eating and sleeping, frequent stomach-aches, headaches, and backaches, and neglect of personal appearance and hygiene (such as showering less often and not keeping up on grooming) can be signs that mental health treatment is needed.

5. Self-medicating. If you find any indicators of drug or alcohol use, self-harm, an eating disorder, or other forms of escape, the link to mental illness may be direct. An effort to make oneself feel better can show a great need for mental health treatment.

If you see any of these signs, seek help for your child. With appropriate assessment, identification, and intervention, all mental illnesses can be treated and managed. Ask your school Guidance Officer for referral.
options or speak to the School Based Youth Health Nurse. There are free Queensland Health services especially designed for children and young people. There are also some great websites that you can check out yourself or tell your teenager about.


By Ms Alayna Patterson – School Based Youth Health Nurse

GUITAR MUSIC
PARENTS/CARERS NOTICE

- Parents/Carers please be aware that if your child is absent for any reason you must phone the absentee line on 34423760. If for some reasons you haven’t contacted the absentee line, a SMS message is...
deployed to the 1st contact person from student’s data - please reply. We attempt to do our very best in communicating with the information we have.

• Many students are using their mobile phones to ring parents to get permission to leave. Unless someone from the office has actually spoken to the parent/carer, then the student will not be signed out.
• Please understand that during class time it is very difficult to get messages through to students. Please keep messages to emergencies only. If you need to drop off lunches, money or cooking etc, office staff will endeavour to locate your child. However sometimes with outside school/classroom activities, this is not always possible.
• If you wish your child to be signed out, please write a note with student’s name, date, time out and parent’s or carer’s signature which is to be handed into the office in the morning so passes can be arranged. Please be aware of school break times.
• Students can be contacted on their mobiles only during the lunch times (listed below).

A reminder that mobile phones must be turned off during class times.

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:40am</td>
<td>SCHOOL COMMENCES</td>
</tr>
<tr>
<td>8:50am</td>
<td>CARE GROUP</td>
</tr>
<tr>
<td>11:00am - 11:35am</td>
<td>MORNING TEA</td>
</tr>
<tr>
<td>1:40pm - 2:00pm</td>
<td>LUNCH</td>
</tr>
<tr>
<td>2:45pm</td>
<td>SCHOOL FINISH</td>
</tr>
</tbody>
</table>

AURASMA AT BEENLEIGH STATE HIGH SCHOOL

The PBL team have been keen to inform students and parents of the focus for the week or fortnight. Therefore we have decided to use the app Aurasma. Aurasma is easily downloaded on any smart phone/device, once in the app the viewfinder will recognise a trigger image and bring the 2D image to life. The first image to become and ‘Aura’ is our PBL logo. By following the instructions available with this newsletter, you will be able to view a video of Kyra Brooke, who will explain what the PBL focus for the fortnight is.

CLICK HERE FOR THE PDF INSTRUCTIONS OF AURASMA

By Mrs Wonnacott-Wakeham Head of Curriculum

Teacher Instructions
CULTURE DAY AT BEENLEIGH HIGH

CLICK HERE FOR SOME SLIDESHOW OF THE CULTURE DAY

I would like to thank all the students, staff and the members of the community to make the culture day a very memorable and also like to make a special mention to thank Mr Middleton for the great photos.

By Miss Nieuwenburg – Music Coordinator
SURFSIDE BUSLINES - BUS PASSES

APPLICATIONS FOR 2015 BUS PASSES ARE DUE NOW

ALL NEW PASSENGERS FOR 2015

To ensure timely distribution of bus passes in the New Year, please submit your application before the end of November 2014.

IMPORTANT INFORMATION FOR EXISTING BUS PASS HOLDERS

At the end of each school year, please ensure that the current pass is retained to be used in the new school year until the new pass is issued.

Students with an existing bus pass need only re-apply for a 2015 bus pass if your child

- is moving from Primary to Secondary School
- is repeating a grade
- is changing their home address or school

ELIGIBILITY AND APPLICATION FORMS


PLEASE RETURN COMPLETED APPLICATIONS TO:-

Surfside Buslines

PO Box 3036

ROBINA Q 4230
Applications will be processed over the Christmas school holidays. Once applications are approved, bus passes are sent to school for collection. Please allow 10-15 working days from the start of Term One 2015.

Prior to Government approval of bus travel assistance, all students can travel by bus to school using a TransLink gocard.

REMINDER

A valid bus pass must be produced TO THE DRIVER or the relevant fare paid via cash or gocard. Information on fares, go cards, zones and bus timetables is available from TransLink [http://translink.com.au/] or phone 13 12 30.

EMAIL ADDRESSES

Communication between parents/caregivers and staff is very important to all members of staff at the Beenleigh High School. We are asking parents/caregivers to provide their email address to the school via the school email address: info@beenleighs.eq.edu.au Teachers want to use this form of communication also for sending student assessment and progress throughout the year. The school newsletter is also sent via email on a fortnightly basis. In using email we are all also helping our environment with less paper being used in printing of the school newsletter.

ATTENDANCE & LATENESS NOTICES

Please read the flyer attached re attendance and lateness, this is very useful, important information for parents/carers and your student.

CLICK HERE FOR THE PDF FLYER

UNIFORM INFORMATION
**WE CARE** about our student's uniform at Beenleigh SHS. If your child is out of uniform, please your child to school with a note. If they are out of uniform without a note:

1. Their care teacher will address them and give them 3 chances in the term.
2. After 3 times out of uniform, the school will contact home.
3. Each time the student is out of uniform following this, the student will be sent to the Engagement Office and issued with a school uniform on loan. This uniform must be returned within a week or you will be invoiced for cost.

If you have any questions, please call the school to discuss. Thanks for your support.

*By Mr Ricketts – Head of Engagement*

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**BEENLEIGH SHS APP FOR PHONE/MOBILE**

Be involved in our school community, keep yourself in touch and this provides you all the information from the website. You can save school calendar dates to your personal mobile, access newsletters, news pages, twitter, class times, forms and documents and annual reports.

You can download our Beenleigh SHS app to your phone/mobile device? (In less than 1 minute)

1. Download QSchools from the app store
2. Open the app
3. Search Beenleigh SHS

Click the star to add Beenleigh SHS to your favourites
CAREER HUNTER APP

New smartphone app helps young people with jobs and career opportunities

The Career Hunter app, developed from a young person’s perspective, is a simple way for young people and their parents to explore career opportunities.

Believed to be the first career exploration app of its kind, it provides information about occupations and industries, job descriptions, training and qualification requirements, and job vacancies. It makes tangible links from school to the world of work and highlights the industries where skills are most needed.

The Department of Education, Training and Employment; The Smith Family; Regional Development, Australia; Busy at Work and Group Training Australia worked together on the development of the app — now available from the Apple app store.

Learn more at http://deta.qld.gov.au/about/app/index.html

By Miss Armitage – Guidance Officer

MY HIGH SCHOOL CAREERS

mhscareers.com

Beenleigh State High School has subscribed to mhscareers. This allows all students and parents to register for Careers Email Newsletters, and to have a login & password for the website to see careers news and events for all Australia.

<table>
<thead>
<tr>
<th>Newsletters</th>
<th>Website</th>
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<tbody>
<tr>
<td>Newsletters are sent weekly during term time and are also sent during the holidays.</td>
<td><a href="http://www.mhscareers.net/">http://www.mhscareers.net/</a></td>
</tr>
<tr>
<td>To register to receive the newsletters use the CONTACT US page on the mhscareers website or send an email to <a href="mailto:mhscareers@twg.net.au">mhscareers@twg.net.au</a> stating your name,</td>
<td>Login on the home page to see the calendar and news.</td>
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<td></td>
<td>Login: student or parent</td>
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<td>Password: 14cairns</td>
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FREE CHILDREN'S DENTAL PROGRAM

Metro South Health provides free dental care to children throughout our region.

Who is eligible?

- All children aged 4 through to year 10
- 0-3 year olds, whose parent have a current Centrelink Card, Healthcare Card or Pension Card
- Student in year 11 & 12, who have a current Centrelink Card, Healthcare Card or Pension Card
- 2-17 year olds, who are eligible for the Child Dental Benefits Schedule

Who needs to attend the appointment?

A parent or legal guardian is required to attend every dental appointment.

How do I make an appointment?

You can now book an appointment for you and your child at a time and location convenient for you. For all appointments, please telephone:

SCHOOL HOLIDAY APPOINTMENTS AVAILABLE – CALL 1300300850

TRIPLE P

Are you a parent of a child with type 1 diabetes?

Every day, thousands of Australian children suffer the effects of type 1 diabetes and families struggle with illness management and children's behavioural and emotional adjustment.

Positive Parenting for Healthy Living is an adaptation of the successful Triple P- Positive Parenting Program offering practical ideas and support for parents of children with type 1 diabetes. This innovative group program is designed to help parents manage their child’s illness, assist children in coping with their illness and emotions, and prevent and manage difficult child behaviour.
Over the next few months and for a limited time only, parents of 2-10 year old children with type 1 diabetes are able to access Positive Parenting for Healthy Living Triple P as part of a University of Queensland research project. Parents will be able to attend the program free of charge, and will be asked to complete 2 sets of assessment measures (questionnaire and family observation) over a 6 month period, as part of the study. Contact Aditi Lohan on (07) 3346 7689 or email diabetes.healthyliving@uq.edu.au, or visit https://exp.psy.uq.edu.au/t1diabetes for more information.

LOGAN CITY BUS SERVICES

We advise any student, who has changed their residential address/school or will be moving on to high school that will be using our bus services in 2015.

Parent/guardian will need to contact Clarks Logan City Bus Service to check your eligibility for School Transport Assistance Scheme 2015 bus pass. As you will be required to complete a “New Application” Form.

Office Hours: Monday – Friday 8:30am – 4:30pm  Phone: 3200 9606  Fax: 3299 7347

40 Alamein Street / PO Box 29
BEENLEIGH 4207 QLD

07 3442 3777
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Please click on any advertisement to email the affiliated business or view further details such as company brochures, flyers or promotions.

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7 Days Bulk Billing
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Windaroo Shopping Village
2 Civil Heck Blvd. Windaroo
Ph 3804 1700

**MEDITRAC BEENLEIGH**

Cosmetic surgery now available
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Beenleigh Medical Centre
114-116 George Street
BEENLEIGH
Ph 3807 4999

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**Smile Style Orthodontics**

Bryant's Road Medical Specialist Centre
70 Bryants Rd. Loganholme 4129
76 Old Cleveland Rd, Capalaba 4157
Ph: 3806 2081
Email: emporia@michaeltselepi.com

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**Mighty Helpful Home Improvement**

204 Main St, Beenleigh
Tel: 3441 9000

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