PRINCIPAL'S REPORT
‘Beenleigh’s Got Talent’ was a great day on the second last day of term. Well done students and a great big congratulation to all of our performers. Unfortunately I was unable to attend but was assured the entrants performed well and it was a successful day.

Welcome back for the final term of the year. I enjoyed a relaxing holiday with my family and enjoyed going to the NRL Grand Final. I must say I enjoyed the game and I am sure that we all had a little soft spot for the Rabbitohs even though I was cheering the Bulldogs on.

Next Friday we will be conducting our annual Multi-Cultural Day. It is a great day and I always thoroughly enjoy the presentations. The Multi-Cultural day emphasizes that we are lucky people to live in such a beautiful part of the world and I am looking forward to the program of events Mrs Nieuwenberg and Mrs Vidler have organized. Year 8 students will participate in program covering a range of cultures that hopefully broaden their perspective on the multi-cultural nature of the community we live in. Thank you to the many teachers involved.

This is an exciting time for the year 12 students – their time at school is fast drawing to a close and they are looking forward to their lives outside of school. It is important that they remain focused and keep up their studies to the end. All senior students need to finalise their accounts before the end of the year so please do so. As always the Senior Formal will be held at Dreamworld on the 19th of November. The graduation ceremony will be on Friday morning (21st November) at the Beenleigh Entertainment Centre. Parents are welcome to attend.

Enrolments for 2015 are being accepted now at all year levels and subject selections for 2015 are close to being finalised. Late enrolments and late subject selections may result in your child not receiving their choice of subjects. Please contact the school office if you wish to discuss either of these with a member of the administration team.

Our annual contribution fee will still be $200 for all students enrolled at Beenleigh SHS with only a few individual subjects with a high practical component having additional subject levies. As always if you have difficulties with the paying of the fees please contact the school.

Encourage your child to get involved in one of our many programs and keep main awards night free (Wednesday 5th November), where we will recognize the efforts of our students in 2014.
MR MATT O’HANLON
PRINCIPAL
10 October 2014

STUDENT PAYMENTS

STUDENT RESOURCE FEES ARE NOW DUE!

Payments can be made via: Cash, Cheque, Eftpos/Credit Card, or Internet Banking

BEENLEIGH STATE HIGH SCHOOL BANK DETAILS 2013

<table>
<thead>
<tr>
<th>Account Name: Beenleigh SHS General A/C</th>
<th>BSB: 064 401</th>
</tr>
</thead>
<tbody>
<tr>
<td>Account Number: 0090 1289</td>
<td>DETAIL: (Place student’s name)</td>
</tr>
</tbody>
</table>

Centrepay is also available for those who wish to pay via Centrelink deduction. Forms are available from the payment window.

Year 12 students must have no outstanding fees/levies to be eligible for an invitation to the 2014 Senior Formal.

Your students invoice along with any student absenteees are attached, were posted out recently, please pay as soon as possible or make arrangements for the payments.

ID cards have now arrived. Students who are contributing financially to the school through payment of fees/levies will receive their ID card once payment has been made.
The Student Payment room operates 8:30am – 2:00pm, Monday, Wednesday, Thursday & Friday, closed Tuesdays. For further information please do not hesitate to contact Lisa on 3442 3741.

CLICK HERE FOR PDF OF SCHEDULE OF FEES AND LEVIES

STOP PRESS

- Mr Mike Latter, Member for Waterford works at school for 3 days and learns how to make a Coffee! (See photo below)
- P & C Meeting every 3rd Monday evening of the month at 5:30pm
- If you wish to view the Electronic version of our newsletter, you could phone the office with your email address or view on the website www.beenleighs.eq.edu.au newsletter
- If you wish to have your newsletter forwarded to you by email, please call the office or email info@beenleighs.eq.edu.au
- Students and Parents can assess and print up their timetable on their OneSchool page

BEENLEIGH STATE HIGH SCHOOL
RESPONSIBLE ELECTRONICA
POLICY SUMMARY

The Use of Personal Technology Devices at School

This policy summary reflects the importance the school places on students displaying courtesy, consideration and respect for others whenever they are using personal technology devices.
The school does not accept responsibility or liability for damaged or stolen electronica such as mobile phones and other personal technology devices (e.g. IPods).

- Personal technologies must be turned off and out of sight during assemblies or classes.
- Personal technology should only be used in a classroom for learning under the explicit instruction and direction of a teacher.
- Personal technology devices may be used during morning tea and lunch breaks and before and after school.
- Teachers will remove electronica from students if they are not being used appropriately and they will be returned to students within a reasonable time frame.
- Recording of behaviours or incidents such as fighting, pranks or bullying on personal electronica is not permitted or legal. Recording of such incidences is an invasion of personal privacy and will result in disciplinary action.
- Devices containing evidence of criminal offences may be reported to the police. In the event of this occurring, police may take possession of such devices with students/parents advised to contact Queensland Police Service directly.
- The school takes no responsibility for, and has no jurisdiction over, personal social network content (e.g. Facebook, Twitter). Such matters should be referred to the Network Site itself (e.g. Facebook) or the Queensland Police Service.
CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>13 - 15 October</td>
<td>SEP Camp</td>
</tr>
<tr>
<td>14 October</td>
<td>2015 Year 7 &amp; 8 Enrolment Evening</td>
</tr>
<tr>
<td>16 October</td>
<td>Spark It Up Multicultural Festival</td>
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<tr>
<td>17 October</td>
<td>World Teachers Day</td>
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<tr>
<td>17 October</td>
<td>Culture Day</td>
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<tr>
<td>20 October</td>
<td>Student Free Day</td>
</tr>
<tr>
<td>20 October</td>
<td>P &amp; C Meeting</td>
</tr>
<tr>
<td>22 October</td>
<td>Rugby League Academy Awards Night</td>
</tr>
<tr>
<td>24 October</td>
<td>Instrumental Music Evening</td>
</tr>
</tbody>
</table>

PARENTING IDEAS

CLICK HERE FOR PDF OF PARENTING IDEAS FLYER

The school receives updates and newsletters that help to support families regarding ideas and support for parents when raising teenagers. Mr Michael Grose writes in weekly newspapers and appears on television which centres on a range of topics that parents deal with on a daily basis. The message this fortnight from Beenleigh State High School is: **We Care - Accept Difference - Leading up to next weeks Multicultural Day.**

*By Mr Bartlett – Deputy Principal*

STRAWBERRY FESTIVAL 2014
This was certainly a celebration of student success on many levels.

The students have been working with teachers across the school, students from all year levels, and the business community. Our school were given the opportunity to work with a local strawberry farm to order strawberries for teachers, parents, students. Such a simple idea created innovation within the school with the year 9 Information Communication & Technology class working on IT and Customer service skills, the Student Council advertising, marketing and promoting the sale of strawberries and the

Year 11 Business class, creating the order form, filling the orders and delivering the product to customers was a huge success. The innovation kicked in with the Business class asking the question “how can we increase sales and potential revenue”. The answer was to sell strawberry and ice cream treats. Students calculated what was needed and as a class, ventured over to Woolworths, whose staff were as excited about this business project as the Business students.

Thanks to the Tuckshop, these Business students were given an area to rent and off they went. More advertising and the sale of strawberries and Ice Cream finished off this festival event.

Many thanks go to all the businesses, teachers, parents, student that supported the Strawberry Festival and the Business Venture that followed.

*By Ms Cheal - Student Council Teacher*
ASDAN MS Canberra Trip

As part of the ASDAN Gold Award Curriculum, we (the students) had to ‘work with others to organise a special event.’ After discussing options and ideas, the chosen challenge was to arrange to meet our local Member of Parliament Mr Bert Van Manen in Canberra so that we could learn more about democracy. This meant we had to organise all the planning, shopping and running of the 2014 ASDAN Canberra Trip.

After months of planning (numerous emails and phone calls) and fundraising (letter writing to local businesses, car washing, selling plants and getting sponsorship to knit our scarves) and we were finally ready to go. We met at school at 5am on Monday 25th August 2014 to take the school bus to the airport to catch the plane to Sydney on our way to Canberra. In Sydney we took a ferry ride from Circular Quay, past the Opera House and Harbour Bridge, to Taronga Park Zoo and caught the Sky Safari cable car that took us over top of the animal enclosures.

That night Chris Carberry, who was our driver and tour guide, took us for a tour around Sydney that included the Gap, Watson Bay and the iconic Harry’s Café de Wheels pie cart at Wooloomooloo. In Sydney we stayed at the Rock’s YHA that was built above archaeological remnants of colonial Sydney. (The Rocks area is the traditional home of the Gadigal people, and the place of first European settlement in Australia.) There were loads of old things that had been found on the site on display in the glass-topped coffee tables in the hostel.

The next day we drove to Canberra. Our visit to Parliament House gave us a chance to be a part of democracy in action. We met up with Mr Van Manen, who showed us around his office and told us about his role and work. We had access to the Chambers to watch Question Time and saw the politicians acting like children as they argued about the budget. We saw Mr Tony Abbott, Mr Joe Hockey and Mr Bert Van Manen. We saw historic and important documents like Magna Carta that influenced Australia’s Constitution. The Parliament House building was huge, and had loads of artwork on the walls. Mr Carberry amazed us by being able to identify the portrait of
every Australian Prime Minister since the Federation! Rebecca got to see the Parliament House Medical centre because she got sick. The grounds around Parliament were huge with a flag the size of a double decker bus to top it all off.

We stayed 2 nights at the Alivio Tourist Park in Canberra while we visited the Australian War Museum with its sad stories like Simpson and his donkey, how 60,000 Australian men died in World War 1 and 40,000 military deaths in the World War 2. We learnt about other wars too like the Vietnam conflict that lasted for over 10 years. There was a loud light show movie presentation about the air force’s role in the Second World War. We took the opportunity to sign the ANZAC T-shirt donated by our school’s own Bougainville Veteran Greg Hodges. We invite other Beenleigh State High School students to add their signature to the shirt after their own visit to the Museum.

Later, we visited Questicon, the National Science and Technology Centre where we tried many of the 200 interactive exhibits like the harmonograph, Telsa Coil (lightening) and the earthquake simulator. Then it was off to the snow for a few snowball fights, toboggan rides, falls, snow angels and toasted marshmallows. We finished our trip by going ice-skating where more bruises and ‘soft spots’ were added to our already bruised and battered bodies. Early the next morning, after packing and cleaning up, we drove back to Sydney to catch our flight home to Brisbane and the train back to Beenleigh. We all agreed, we learnt heaps and had a great time. A big ‘Thank You!’ to everyone who helped us with this adventure! It was definitely worth every cent!


Highlights: Ms Jude’s bus slide and the shopping trip to the supermarket (neither of which can be explained in detail due to ASDAN’s ‘What happens on tour stays on tour’ policy. Ms Jude’s artificial (titanium) hips making the metal detector go off at all the security points. Speaking to the pilot before disembarking from the plane.

Low points: Ms Jude telling an old couple at Sydney airport that we were her grandchildren. Having to come home so soon. Virgin losing three of our bags on the way home.

‘The death of democracy is not likely to be an assassination from ambush. It will be a slow extinction from apathy, indifference, and undernourishment.’ (Robert Maynard Hutchins, U.S. Educational philosopher and Dean of Yale Law School)

By Ms Raudin-Hill – ASDAN Co-ordinator

BEENLEIGH SHS FUTSAL

COMPETITION RESULTS
Beenleigh SHS defeat Balmoral SHS in the Silver Final of the 15 Boys Division of the Coomera River Cup, 7 September, 2014.

Beenleigh SHS made the most of their Coomera River Futsal Cup debut with an entertaining 3-1 victory over Balmoral SHS in the Silver Final of the 15 Boys Division, held at Assisi College last Thursday evening, August 28th.

The cities of Toowoomba (Toowoomba Grammar), Ipswich (St Peter Claver College), Brisbane (Balmoral SHS), Gold Coast (Rivermount College, Varsity College and Assisi Catholic College) and Beenleigh were all represented in a night when flair and dynamic Futsal was the order of the evening.

The closeness of the teams’ abilities was highlighted by the fact that many of the games finished in draws, with the most notable games being the exciting draw between Peter Claver and Rivermount (1-1) and Varsity College’s 1-0 Gold Semi-Final victory over the undefeated and impressive Toowoomba Grammar School.

Congratulations to Assisi College and Varsity College who contested an excellent Gold Grand Final (2-1) and to Beenleigh SHS for their victory over Balmoral SHS (3-1) in the Silver Grand Final.

Special appreciation is offered to Mr Pat and Luke Donovan for their expertise in refereeing and to Mr Leo Tottenham for overseeing officials during the evening.
YEAR 8 FREEZE FRAMES

The Year 8 students have been working on responding to a photograph. They were given a photograph which showed the effects of climate change, below is some work from one of the students, Cailis Baldwin. They also then had to create their own freeze frames, which they used as a stimulus to create a story about climate change. The students have been on all sorts of adventures using their imaginations from trekking across Antarctica to playing Freezing Feud, a take on Family Feud this term and we have seen some great work from them all because of it.

By Mrs Wonnacott-Wakeham – Head of Curriculum Teacher Instruction

RESPONDING TO A PHOTO

What do you see? ...I can see two little kids that don’t know where there mother or father is and they are trying to go somewhere safe instead of falling in the water and they won’t know where that leads.

How does it make you feel? ...It makes me feel like if I was there I would try saving them, it’s very sad me seeing little kids not knowing where their parents are.

How long have they been there? ...It looks like they have been there for hours trying to find somewhere safe and people to safe them somewhere in Australia.

What does it make you think about? ...It makes me feel like I need to know where they are going and if it’s safe enough and they better be safe.
What has happened? ...It looks like all they have done is tried travelling somewhere but it's too flooded and there is nowhere to go it's probably deeper than the little kids.

How will they survive? ...They will go to a shop or something to eat. And they will paddle in to the shop instead of walking in because it's too deep.

CLICK HERE TO VIEW SLIDESHOW OF FREEZE FRAMES

YEAR 11 KITCHEN OPERATIONS

HOSPITALITY CLASS

Sandwiches! Sandwiches! Sandwiches!

The year 11 Kitchen Operations Hospitality class has been completing the ‘Prepare Sandwiches’ module. This involves selecting ingredients, making sandwiches and presenting and storing sandwiches. The year 11 students had to design a gourmet sandwich and then select ingredients and prepare and present the sandwich for marking. In addition they also completed a theory exam that covered all aspects of sandwiches. As a final practical assessment, students had to create a variety of sandwiches for a staff morning tea. These included sandwich designs such as: chequerboard, club, tea, banh mi (Vietnamese), BLT’s, traditional and ice cream sandwiches.
Next Thursday 16 October, the year 11 kitchen operations hospitality class will be selling homemade strawberry jam. This will be available from the office, at $4.00 a jar – be quick though, as supplies are limited. Our P & C
President Greg Hammel proprietor of Hammel & Sons Strawberry Farm has kindly allowed the hospitality students and teachers to pick the required strawberries from the farm this week. The unprocessed high-pectin sugar too has been kindly donated by Bill Heck from Rocky Point Sugar Mill. Both Mr Hammel and Mr Heck are both long-term supporters of our school and we would like to express our sincere gratitude to them for making these generous donation for our students.

*By Miss Jolly – HOD of IT & Business/Industrial Technology & Home Economics*

**YEAR 10 INDUSTRIAL TECHNOLOGY DESIGN NEWS**

[CLICK HERE FOR SLIDESHOW OF MORE PHOTOS](#)

This year ITD was delivered a little differently, giving students the opportunity to have a taste of each of the ITD strands (Furnishing, Engineering, Graphics and Technology Studies) to better prepare them for their subject.
options heading into year 11. The current Graphics Strand students were given a design task this term which required them to apply design elements and principles to a hypothetical real world situation. Students were required to identify and research an “End User” or “Target Market” and design a unique USB housing/case that would appeal to this particular clientele. Students had to interpret the design task, apply elements and principles of design, complete rough sketches, design sketches, CAD production drawings, 3D modelling, physically 3D print their design, paint, justify and evaluate their designs. The outcome was highly impressive! ITD staff was thrilled to see the degree of creativity and individual performance of the students. This unit proved to be a hit with the students and will be a permanent part of the year 10 program for the coming years. ITD staff would like to congratulate the students and are looking forward to seeing what these students can produce in term 4 when they tackle the “Technology Studies” strand.

By Mr McDonough – Subject Coordinator-Industrial Technology & Design
SPORTS NEWS

Last Tuesday and Wednesday of last term, Beenleigh SHS had a number of student compete at the South Coast Regional Athletics Championships. These championships are contested by the best athletes in the South Coast Region and are used as a qualification event for the Queensland Championships.

The students who represented Beenleigh SHS at the South Coast Championships were:

<table>
<thead>
<tr>
<th>Tori Groves-Little</th>
<th>Nathaniel Aganon</th>
<th>Jonah Aganon</th>
<th>Jasmin Dewey</th>
<th>Terrence Torralba</th>
</tr>
</thead>
<tbody>
<tr>
<td>Suelyn Moriera</td>
<td>Joseph Gabril</td>
<td>Shaun Eastwood-Cole</td>
<td>Tristan Attrill</td>
<td>Marie Gabril</td>
</tr>
</tbody>
</table>

To qualify to represent South Coast at the Queensland State Athletics Titles athletes had to finish in the top three places in their event, and produce a State qualifier performance. The following Beenleigh SHS students have qualified to present South Coast at the Qld Track & Field Championships starting on the 23rd October.

Tori Groves-Little – 14 yrs Girls 100m, 200m, 400m and Long Jump

Joseph Gabril – 15 yr Boys Triple Jump

Suelyn Moriera – 13 yrs Girls Shot Put

Nathaniel Aganon – 17 yrs Boys Triple Jump
Marie Gabril – 15 yrs Girls AWD 100m, 200m, 400m & 800m

Shaun Eatwood-Cole – 17 yrs Boys High Jump & Long Jump

We congratulate all for these students on their selection and wish them all the best for when they compete at the Queensland State Athletics Championships.

By Mr Massey – HOD of HPE/Sports Co-ordinator

GIRLS BOOT CAMP

Every Tuesday and Thursday morning from 7-8am, sees many driven, committed girls powering through a gym session in the newly renovated school gym. Girls focus on their strength, flexibility and cardiovascular fitness ensuring that they start the day right. Ms Jolly and Ms Wilson run these sessions with the assistance of Ms Miles and a pre-service teacher who is a personal trainer. Yoga, circuit training, sprint training, strength training, pre/post testing….you name it, they do it! The girls were lucky enough to receive some awards. Loganholme Amart Sports donated two packs worth $100 each, containing a Nike singlet, Adidas drink bottle and Adidas back pack which were presented on parade by Paul to Divine Namuigze and Sharnee Baker for their commitment, dedication and decision to lead a healthy lifestyle. Mr Wonnacott-Wakeham also donated 16 Eco drink bottles that were handed out to the girls on their morning training. Any female student can join boot camp. Girls must have a drink bottle, towel and training wear. Showers are provided at the end of the session. See you there! Well done everyone!

By Miss Jolly – Gym Instructor & HOD of IT, Business, Industrial Technology & Home Economics
EMAIL ADDRESSES

Communication between parents/caregivers and staff is very important to all members of staff at the Beenleigh High School. We are asking parents/caregivers to provide their email address to the school via the school email address: info@beenleigh.eq.edu.au Teachers want to use this form of communication also for sending student assessment and progress throughout the year. The school newsletter is also sent via email on a fortnightly basis. In using email we are all also helping our environment with less paper being used in printing of the school newsletter.

ATTENDANCE & LATENESS NOTICES

Please read the flyer attached re attendance and lateness, this is very useful, important information for parents/carers and your student.

CLICK HERE FOR THE PDF FLYER
UNIFORM INFORMATION

*WE CARE* about our student’s uniform at Beenleigh SHS. If your child is out of uniform, please your child to school with a note. If they are out of uniform without a note:

1. Their care teacher will address them and give them 3 chances in the term.
2. After 3 times out of uniform, the school will contact home.
3. Each time the student is out of uniform following this, the student will be sent to the Engagement Office and issued with a school uniform on loan. This uniform must be returned within a week or you will be invoiced for cost.

If you have any questions, please call the school to discuss. Thanks for your support.

*By Mr Ricketts – Head of Engagement*

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PARENTS/CARERS NOTICE

- Parents/Carers please be aware that if your child is absent for any reason you must phone the absentee line on 34423760. If for some reasons you haven’t contacted the absentee line, a SMS message is deployed to the 1st contact person from student’s data - please reply. We attempt to do our very best in communicating with the information we have.
- Many students are using their mobile phones to ring parents to get permission to leave. Unless someone from the office has actually spoken to the parent/carer, then the student will not be signed out.
- Please understand that during class time it is very difficult to get messages through to students. Please keep messages to emergencies only. If you need to drop off lunches, money or cooking etc, office staff
will endeavour to locate your child. However sometimes with outside school/classroom activities, this is not always possible.

- If you wish your child to be signed out, please write a note with student’s name, date, time out and parent’s or carer’s signature which is to be handed into the office in the morning so passes can be arranged. Please be aware of school break times.
- Students can be contacted on their mobiles only during the lunch times (listed below).

A reminder that mobile phones must be turned off during class times.

<table>
<thead>
<tr>
<th>SCHOOL COMMENCES</th>
<th>8:40am</th>
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</thead>
<tbody>
<tr>
<td>CARE GROUP</td>
<td>8:50am</td>
</tr>
<tr>
<td>MORNING TEA</td>
<td>11:00am – 11:35am</td>
</tr>
<tr>
<td>LUNCH</td>
<td>1:40pm – 2:00pm</td>
</tr>
<tr>
<td>SCHOOL FINISH</td>
<td>2:45pm</td>
</tr>
</tbody>
</table>

SEVEN TRAITS OF MENTAL TOUGHNESS

In different contexts, one character trait has emerged as a predictor for success. It isn’t social intelligence, good looks, IQ, or physical health. It is “grit,” which the dictionary defines as “mental toughness”. It could be defined as resilience or the ability to “bounce back” after setbacks.

Mental toughness is the “perseverance and passion to achieve long-term goals; having stamina; sticking with your future day in and day out and working hard to make that future a reality; a marathon not a sprint.”

Studies have shown that there is a correlation between mental toughness and self-control. It takes mental toughness and self-discipline to raise kids – they have constant needs. It is difficult to deal with tantrums/ ensure homework is done/ provide healthy food choices (when even you would prefer chocolate bar over an apple)/ monitor TV, computer time/ up and out in the morning (when you would prefer to be sleeping)…… and on it goes.

Seven traits of mentally tough people

1. Look for positives & learn from mistakes
2. Face fears
3. Non-judgmental
4. Celebrate successes of others
5. Realise that the only person they can control is themself & do not blame others for their mistakes

6. Limit exposure to outside stimuli (e.g. Facebook, Angry Birds, Krispy Kreme donuts)

7. Accept and embrace change

Mentally tough people embrace change, but they understand that change must first happen in them before it happens through them. Mahatma Gandhi said it so well. “You must be the change you wish to see in the world.”

Happy Parenting! By Miss Armitage - Guidance and Adapted from Generationnext.com.au

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**AFL NEWS**

On Tuesday 16th September three AFL teams travelled down to Helensvale State High School for a big day of football.

The Junior Boys kicked off the day with a big win against Helensvale High. They played with great sportsmanship and skill. Coming away with a 6 goal win against an AFL excellence school is a fantastic achievement indeed. Well done Boys!

Next up was the Girls match. We started off slowly, but as the nerves started to settle we made a huge comeback and by the last quarter almost caught them and only lost by 4 goals. The Helensvale High Girls were too experienced for us, but we showed excellent potential, great attitude and fantastic sportsmanship throughout the whole day. Well done Girls!

Finally, the Open Boys went up against a very experienced Helensvale High School team. The Beenleigh Boys were extremely competitive and kept the scores close for the entire match. Helensvale came away with the win, but only by 2 goals. Fantastic effort, well done Boys!

All of our teams showed tremendous talent and skill and a fantastic attitude throughout the day. Behaviour was also excellent. Some very positive feedback was received from both the Helensvale High School Teachers as well as the AFL Queensland Development Officers who attended the day.

Some of our students have come away from this experience with the opportunity to further their skills and development in AFL by attending a Gold Coast Suns Testing Day next week. Well done to everyone involved.
A big thankyou to Helensvale State High School for hosting this event and for welcoming us into their school. A great day was had by all involved. Also thanks to Mr Burford and Miss Emma for their wonderful assistance on the day.

Well done Beenleigh!
Four of our talented athletes; Tori Groves-Little, Marie Gabril, Crystal Perkins and Divine Bikorimana recently went down to Metricon Stadium on the Gold Coast to trial for the Gold Coast Suns Under 17 Girls AFL representative team, The Sunsets.

The girls trialled extremely well amongst 65-70 girls who all have a long history playing AFL for local clubs. We are currently waiting for the team list to be emailed out to see whether the girls made the 2014 team.

Good luck girls and well done!

By Mrs Callaghan - AFL Coach and Science/Maths Teacher

YEAR 11 SCIENCE IN PRACTICE -

TERM 3 ASSESSMENT - THE

GINGER BEER PROJECT
My wonderful Year 11 science in practice students have been studying microbiology and food safety this term. Their main assessment was to brew, bottle, and label a batch of ginger beer, all from scratch.

This was a very interesting experiment, which required commitment and dedication to the craft of brewing. The students first made the ginger starter plant, which they had to care for and feed for a week. Then, they used this plant to make their large batch of ginger beer, which sat and brewed in our classroom lab for 3-4 weeks.

The students then bottled and created labels for their ginger beer, which turned out to be very tasty. These very talented students enjoyed offering their handmade ginger beer to staff and fellow students in the last week of the term. It proved very popular and, as you can see in the photo, Mr Clinch was very impressed! Well done Year 11 SIP Students!

By Miss Callaghan – AFL Coach & Maths/Science Teacher
TEEN TRIPLE P - COMING TO YOU IN OCTOBER

When it comes to raising teenagers everyone has an opinion! So how do you know what works? Teen Triple P gives parents the skills to help their teenager adjust to the changes and demands of adolescence. It encourages parents and teens to build and maintain strong relationships!

Teen Triple P is for all parents, regardless of a family’s culture or situation. For more information visit triplep.net. Book now to secure your place in this popular course!

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**TEEN TRIPLE P**

(for parents of teens 12 years and over)

**DATE:**

    Thursday’s 9th – 30th October

*Thursday 27th November debrief and evaluation session (certificates presented)

**TIME:**

    7:00 – 9:00pm

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**5 STEPS**

Learn the 5 steps to building a strong relationship with your teen and apply them to areas such as online bullying, the three vices, money and work, leaving school and more!

1. Create a safe, interesting environment
<table>
<thead>
<tr>
<th>LOCATION:</th>
<th>Logan Uniting Church</th>
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</thead>
<tbody>
<tr>
<td>COST:</td>
<td>$25.00 per family</td>
</tr>
<tr>
<td>BOOKINGS:</td>
<td>Phone (07) 33875705</td>
</tr>
<tr>
<td></td>
<td>Email <a href="mailto:pitstop@luc.org.au">pitstop@luc.org.au</a></td>
</tr>
</tbody>
</table>

2. Have a positive learning environment
3. Use assertive discipline
4. Have realistic expectations
5. Take care of yourself as a parent

**AURASMA AT BEENLEIGH STATE HIGH SCHOOL**

The PBL team have been keen to inform students and parents of the focus for the week or fortnight. Therefore we have decided to use the app Aurasma. Aurasma is easily downloaded on any smart phone/device, once in the app the viewfinder will recognise a trigger image and bring the 2D image to life. The first image to become and ‘Aura’ is our PBL logo. By following the instructions available with this newsletter, you will be able to view a video of Braiden Mitchell, who will explain what the PBL focus for the fortnight is.


*By Mrs Wonnacott-Wakeham Head of Curriculum Teacher Instructions*
PARENTS HAVE MUCH FARTHER REACHING EFFECTS THAN THEY KNOW

We were pretty good at keeping computers and televisions out of bedrooms, but as technology developed we somehow missed that phones and tablets ARE computers. Parents may sometimes feel out of control. The majority of families own a collection of iPads, iPods, other tablets, an Xbox, a Wii, a DS, iPhones and more...

Most parents wonder if their limit setting is actually worth it as they regularly have to remind children of the boundaries with technology.

Be encouraged, it IS worth it.

A study with over 1,300 families in the US indicated some powerful benefits for children when parents set healthy limits on entertainment screen time (TV and video games) and limits of the type of content viewed.

Some effects are seen more immediately and others over time.

(Please keep in mind that ‘limiting’ does not mean banning all technology or taking everything away – it indicates a healthy balance and an inclusion of many other actives, such as sport, drama, kicking a ball, going shopping, chatting over dinner…)

Two Immediate effects of placing limits on media (which seem obvious but are great to see):

• Those children spent less time on TV and video games
• Those children saw less violent media content

However, it is the long-term effects that surprised the researchers the most. Children whose parents set more limits on the amount of time spent with media 7 months before:

1. were now getting more sleep
2. were getting better grades in school
3. had an indirectly positive change in Body Mass (as children were simply moving around more)

Additionally, parents limiting children’s content exposure (to violent media) 7 months before resulted in:
1. increased prosodical behaviour – exhibiting more helpful and cooperative pro-social behaviours at school
2. less aggressive behaviour toward their peers

Adapted from GenerationNext.com.au

BEENLEIGH SHS APP FOR PHONE/MOBILE

Be involved in our school community, keep yourself in touch and this provides you all the information from the website. You can save school calendar dates to your personal mobile, access newsletters, news pages, twitter, class times, forms and documents and annual reports.

You can download our Beenleigh SHS app to your phone/mobile device? (In less than 1 minute)

1. Download QSchools from the app store
2. Open the app
3. Search Beenleigh SHS

Click the star to add Beenleigh SHS to your favourites

POSITIVE BEHAVIOUR FOR LEARNING (PBL)

Congratulations to the following students who were awarded a $20 gift voucher to Big W at the end of term 3.
PBL Awards are issued based on a tally system from merit points assigned from teachers throughout the term.
Well done guys and keep up the good work.

By Mrs Richardson – Library Teacher Aide
CAREER HUNTER APP

New smartphone app helps young people with jobs and career opportunities

The Career Hunter app, developed from a young person’s perspective, is a simple way for young people and their parents to explore career opportunities.

Believed to be the first career exploration app of its kind, it provides information about occupations and industries, job descriptions, training and qualification requirements, and job vacancies. It makes tangible links from school to the world of work and highlights the industries were skills are most needed.

The Department of Education, Training and Employment; The Smith Family; Regional Development, Australia; Busy at Work and Group Training Australia worked together on the development of the app — now available from the Apple app store.

Learn more at http://deta.qld.gov.au/about/app/index.html

By Miss Armitage – Guidance Officer
MY HIGH SCHOOL CAREERS

mhscareers.com

Beenleigh State High School has subscribed to mhscareers. This allows all students and parents to register for Careers Email Newsletters, and to have a login & password for the website to see careers news and events for all Australia.

<table>
<thead>
<tr>
<th>Newsletters</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Newsletters are sent weekly during term time and are also sent during the holidays.</td>
<td><a href="http://www.mhscareers.net">www.mhscareers.net</a></td>
</tr>
<tr>
<td>To register to receive the newsletters use the CONTACT US page on the mhscareers website or send an email to <a href="mailto:mhscareers@twg.net.au">mhscareers@twg.net.au</a> stating your name, email address, school/college name, whether you are a student or parent and the state(s) that you are registering for.</td>
<td>Login on the home page to see the calendar and news.</td>
</tr>
<tr>
<td></td>
<td>Login: student or parent</td>
</tr>
<tr>
<td></td>
<td>Password: 14cairns</td>
</tr>
<tr>
<td></td>
<td>Go to “How to use mhscareers” under ABOUT US to see what is on the website.</td>
</tr>
</tbody>
</table>

By Miss Armitage – Guidance Officer

FREE CHILDREN'S DENTAL PROGRAM

Metro South Health provides free dental care to children throughout our region.

Who is eligible?

- All children aged 4 through to year 10
• 0-3 year olds, whose parent have a current Centrelink Card, Healthcare Card or Pension Card
• Student in year 11 & 12, who have a current Centrelink Card, Healthcare Card or Pension Card
• 2-17 year olds, who are eligible for the Child Dental Benefits Schedule

Who needs to attend the appointment?

A parent or legal guardian is required to attend every dental appointment.

How do I make an appointment?

You can now book an appointment for you and your child at

a time and location convenient for you. For all appointments, please telephone:

SCHOOL HOLIDAY APPOINTMENTS AVAILABLE – CALL 1300300850

CRIME STOPPERS

<table>
<thead>
<tr>
<th>Topic:</th>
<th>Volunteers sought for Gold Coast Schoolies Community Safety</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Response</td>
</tr>
<tr>
<td>Content:</td>
<td>To promote the call for Volunteers to assist at the annual</td>
</tr>
<tr>
<td></td>
<td>Safety Response</td>
</tr>
<tr>
<td>Timeline:</td>
<td>For publication Semester Three (3) July to September</td>
</tr>
<tr>
<td>Organisation:</td>
<td>Crime Stoppers Queensland Limited – a registered charity and</td>
</tr>
<tr>
<td></td>
<td>community volunteer organisation</td>
</tr>
<tr>
<td>Contacts:</td>
<td>Phone - 1300 309 355</td>
</tr>
</tbody>
</table>
Whilst the website is live 365 days per year – the main thrust of recruitment each year is between July and September.

Volunteers are required to obtain Positive Notices for Working with Children (Blue Cards) which is why the application and training process must be completed in advance of the actual Schoolies celebration period each year.

When publishing this information, if you remember to send us a copy of your newsletter or social media snippet that would also be greatly appreciated.

At any time – please contact our State Office on 1300 309 355 or email via schoolies@crimestoppersqld.com.au if further information or assistance is required.

THANK YOU

Crime Stoppers Queensland Limited – a registered charity and community volunteer organisation.

40 Alamein Street / PO Box 29
BEENLEIGH 4207 QLD

07 3442 3777

07 3442 3700

07 3442 3760

info@beenleighs.eq.edu.au

http://www.beenleighs.eq.edu.au/

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