Our Aboriginal and Torres Strait Islander Dance Troupe Mibunn Jinndi performed for NAIDOC week and for our Japanese visitors over the last fortnight and they were excellent. The work that our team is doing with our kids is excellent. Well done.

The Athletics Carnival was held last Friday. A top day for all students! Results are in the newsletter.

Marie Gabril has been selected in the QSS Cross Country Team to compete at the National Championships in Tasmania later in the year. Thank you to Ian Healy and his team at Future State Greats and staff and students for their financial support of Marie to make it to Tassie.

Tyler Barnes (year 9) has returned from New Zealand where he competed in the World BMX titles. Tyler performed well and told me the experience of competing at that level was incredible. Well done Tyler!!
Our SEU students performed very well at the Pedal Prix at Willowbank last Thursday and Friday. I was able to watch the students on Thursday and they really demonstrated the benefits of teamwork and co-operation. We came first and fourth in the junior 3 hour race and third in the senior 6 hour race. Well done students and to the teachers who supported the team.

On Friday 16th August a group of about 100 students who have improved their performance in a subject during Semester 1 are coming to watch the Broncos v Parramatta Eels match with me. Information will go home next week and we thank the Brisbane Broncos for their continued support of our students.

We currently have a group of Japanese students from Ikeda Junior School spending some time in the school. The exchange has many positive benefits to both our school and the community. A big thank to our students who performed so well at the special parade on Tuesday. The performances showcased some very talented students. Thank you to staff for contributing to the organization of this exchange program, as the students enjoyed the experience.

Our Music students performed well at the recent Eisteddfod winning a number of prizes. See inside for details.

Parent Teacher interviews were held last Tuesday night with a good roll up. If you were unable to make it and would like to meet with a teacher please phone the office.

Yours sincerely

MR MATT O'HANLON

PRINCIPAL

2 August, 2013

BEENLEIGH STATE HIGH SCHOOL RESPONSIBLE ELECTRONICA POLICY SUMMARY

The Use of Personal Technology Devices at School

This policy summary reflects the importance the school places on students displaying courtesy, consideration
and respect for others whenever they are using personal technology devices.

- The school does not accept responsibility or liability for damaged or stolen electronica such as mobile phones and other personal technology devices (e.g. iPods).
- Personal technologies must be turned off and out of sight during assemblies or classes.
- Personal technology should only be used in a classroom for learning under the explicit instruction and direction of a teacher.
- Personal technology devices may be used during morning tea and lunch breaks and before and after school.
- Teachers will remove electronica from students if they are not being used appropriately and they will be returned to students within a reasonable time frame.
- Recording of behaviours or incidents such as fighting, pranks or bullying on personal electronica is not permitted or legal. Recording of such incidences is an invasion of personal privacy and will result in disciplinary action.
- Devices containing evidence of criminal offences may be reported to the police. In the event of this occurring, police may take possession of such devices with students/parents advised to contact Queensland Police Service directly.
- The school takes no responsibility for, and has no jurisdiction over, personal social network content (e.g. Facebook, Twitter). Such matters should be referred to the Network Site itself (e.g. Facebook) or the Queensland Police Service.

STOP PRESS

- Uniform Shop opening times are 8:00am - 9:00am Monday, Wednesday & Friday.
- Student Payment 8:30am - 12:00pm Monday - Friday.
• P & C Meeting every 3rd Monday evening of the month at 6:30pm.

• If you wish to view the Electronic version of our newsletter, you could phone the office with your email address or view on the website www.beenleighs.eq.edu.au newsletter.

• If you wish to have your newsletter forwarded to you by email, please call the office or email info@beenleighs.eq.edu.au

• Students and Parents can assess and print up their timetable on their OneSchool page.

• **YEAR 11 &12 ASSESSMENT SCHEDULE** - If you are interested in accessing your students’ assessment dates you can find these under the curriculum tab on the Beenleigh SHS website. This will allow you and your student to discuss time management so that assessments are handed in on time.

### BREAKFAST CLUB

The Beenleigh State High School Breakfast Club will be providing a free breakfast for all students from Chaplin’s room every day except Tuesdays. Breakfast Club from 8:00am – 2:00pm.

*What a great way to start the day!!*

### CALENDAR OF EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>6 August</td>
<td>Careers Expo</td>
</tr>
<tr>
<td>7 August</td>
<td>Year 11 Tourism Excursion - Dreamworld</td>
</tr>
<tr>
<td>10 - 17 August</td>
<td>Ski Trip</td>
</tr>
<tr>
<td>12 August</td>
<td>Logan Show Holiday</td>
</tr>
<tr>
<td>11 - 14 August</td>
<td>Music Camp</td>
</tr>
<tr>
<td>16 August</td>
<td>Year 11 &amp; 12 RSA Course</td>
</tr>
<tr>
<td>Date</td>
<td>Event</td>
</tr>
<tr>
<td>------------</td>
<td>------------------------------------------</td>
</tr>
<tr>
<td>19 - 23 August</td>
<td>Structured Work Placement</td>
</tr>
<tr>
<td>19 - 20 August</td>
<td>Year 11 Biology Camp</td>
</tr>
<tr>
<td>20 August</td>
<td>Year 12 Wine Night</td>
</tr>
<tr>
<td>23 August</td>
<td>District Athletics</td>
</tr>
<tr>
<td>28 August</td>
<td>Year 12 Dance Appreciation Grease Musical</td>
</tr>
</tbody>
</table>

PARENTS/CARERS NOTICE

- Parents/Carers please be aware that if your child is absent for any reason you must phone the absentee line on 34423760. If for some reasons you haven’t contacted the absentee line, a SMS message is deployed to the 1st contact person from student’s data - please reply. We attempt to do our very best in communicating with the information we have.
- Many students are using their mobile phones to ring parents to get permission to leave. Unless someone from the office has actually spoken to the parent/carer, then the student will not be signed out.
- Please understand that during class time it is very difficult to get messages through to students. Please keep messages to emergencies only. If you need to drop off lunches, money or cooking etc, office staff will endeavour to locate your child. However sometimes with outside school/classroom activities, this is not always possible.
- If you wish your child to be signed out, please write a note with student’s name, date, time out and parent's or carer’s signature which is to be handed into the office in the morning so passes can be arranged. Please be aware of school break times.
- Students can be contacted on their mobiles only during the lunch times (listed below).

A reminder that mobile phones must be turned off during class times.

**SCHOOL COMMENCES** 8:40am

**CARE GROUP** 8:50am

**MORNING TEA** 11:00am – 11:35am

**LUNCH** 1:40pm – 2:00pm

**SCHOOL FINISH** 2:45pm

**SCHOOLKIDS BONUS**
We contacted you at the beginning of the year to let the families at your school know about the introduction of the Schoolkids Bonus, a twice yearly payment to help lighten the load of school costs. The first installment was paid in January.

The Schoolkids Bonus will be paid in July and that eligible families who have not updated their child’s education details with Centrelink have until 29 June to do so to ensure they receive the correct payment in July. Eligible families who have updated their child’s education details with Centrelink do not have to do anything.

For our school, this means eligible families will have extra money on hand to help with mid-year and ongoing education expenses, like school excursions, winter uniforms, new stationery and other school supplies.

You can download information at australia.gov.au/schoolkidsbonus. Hardcopies of the brochure and factsheet are also available (free of charge) and can be ordered by contacting us at schoolkidsbonus@fahcsia.gov.au. If you have any questions or require any further information please feel free to contact us on schoolkidsbonus@fahcsia.gov.au.

HULL UK v BEENLEIGH SHS RUGBY
LEAGUE UNDER 15

On Monday the 22\textsuperscript{nd} of July, our Year 10 Rugby League Sports Academy played a touring match against a combined high schools side from Hull, England. This was a great opportunity for our boys to test themselves against international competition and we fought strongly in a 18-8 loss against a well drilled Hull side. The score didn’t reflect the 2 trys to 3 losses with Beenleigh on top for long periods of the game played in tough English-like conditions. Jesi Gregory was awarded the Man of the Match by the touring side. The game was played at the school and the Year 10 Rugby League Sports Academy would like to thank all staff, students and parents, who came down to support our side.

\textit{By Mr Stewart – Year 10 Rugby League Coach}

NAIDOC WEEK AT BEENLEIGH SHS
CLICK HERE FOR SLIDESHOW OF INDIGENOUS DANCING PERFORMANCE

Our Beenleigh SHS NAIDOC week was held on the 15/7 – 19/7 and commenced with a very enjoyable full school parade, opening with the acknowledgment of the traditional custodians of this land and paying respects to the Elders past, present and future. On the parade our School indigenous dance troupe called Mibunn Jinndi performed 4 dances and was led by very talented performers from the Nunukul Yuggera Dance Troupe who played didgeridoo and told the story of the dances. There was also a power point presentation based on the theme of NAIDOC this year, the “Yirrkala Bark Petitions 1963. After the parade all the Indigenous students then had their official launch with the ARTIE program.

In our care classes facilitated by Care Teachers with all students there was a slideshow presentation and a questionnaire on “The Yirrkala Bark Petitions 1963”, and this gave an opportunity for all students, staff and parents to understand what Indigenous Australians have faced throughout history.

Just a little history in the relation to the Yirrkala Bark Petitions were created in 1963 – 50 year anniversary. The Petitions were created by the Yirrkala People to state their Land Rights in opposition to commercial mining. To acknowledge that they were the Traditional Owners and the land had cultural significance to them. Because the Petitions did not look like the Traditionally Western Petitions usually submitted to the Government. The Petitions were considered to be a form of Aboriginal art and not recognised by the Government as a claim of Title Deed.

A local traditional game of Kabi Kabi Burionjin was played by Teachers versing the Students. Normally played with a kangaroo skin ball and described as a cross between Touch football, Australian football and European handball. This was a very physical and enjoyable game.

An afternoon tea was provided for the Indigenous students, parents and staff and having a chance to taste the flavours of some traditional foods. We also celebrated an unveiling official of Yugambeh acknowledgment plague, by our Yugambeh elder Aunty Robyn Williams in the presence of parents, students and staff.
We would like to thank Mr. McDonough, Manual Arts teacher for a wonderful job making the plague and also like to thank the Staff, Students and Parents for being part of a very memorable week.

By Dustin Stewart – Indigenous Education Teacher
On the 13th of July, 9 of our students along with myself and Mr Farmer were part of the Guinness World Record attempt for the World's Biggest Orchestra at Suncorp Stadium. We are very pleased to announce that the record was well and truly broken, with the final numbers being 7,223 musicians (the previous record was 6,543 held by Canada). Our students were fantastic on the day, and our drummer extraordinaire, Losa Brown, got to be in the very front row on snare drum!

The event was led by James Morrison, and was part of the Queensland Music Festival.

Here is a link to a recording of the final product. http://www.youtube.com/watch?v=BCcl9qA31ig&feature=youtu.be

Well done to all students involved.
Recently, a group of music students were treated to a day out in Brisbane to see Josh Willis perform on lead Flute in the Symphony Orchestra of the 2013 production of Creative Generations, State Schools on Stage. The show was fantastic, and we were very proud to once again have a student involved from our school. Josh was involved in four performances of the show, and a very rigorous rehearsal schedule. This production followed on from Josh's time at the Creative Generations Awards for Excellence in Instrumental Music (MOST) scholarship camp which he attended towards the end of last term. Needless to say, Josh has learnt A LOT over the last few months, and has been very busy working closely with professional musicians, conductors and performers. The wonderful thing about these programs is the information and skill sharing which will now filter down into our school ensembles and hopefully plant the seeds for future Beenleigh High musical stars.

By Ms Nieuwenburg – Music Teacher
AGRICULTURE NEWS

The Certificate II students have been doing really well. Students are still continuing to learn Occupational Health & Safety procedures.
The farm is taking on a life of its own with new breeds of animals and all students love visiting. As seen in the picture we have a great piggy called Spencer who has a mind of his own and very friendly. The indoor hydroponics experiment for winter growing is a first here and is working wonders (lettuce in winter). We have officially got a decent low-priced high-quality supplier for seedlings through Pohlmanns. No more having to nurse the seedlings like babies once in the soil. The stock is incredibly good quality and well-priced. This will be used for all the year 8s coming through.

Our staff will truly get this farm into a sustainable enterprise where food is no only grown for humans, but all the animals as well. We also welcome David Lamrock; his knowledge and skill will benefit all agricultural activities and help improve the soil here at Beenleigh State High.

Lastly, we would to thank all the generous gifts of food from the community and businesses to help to keep building the farm and creating a great learning experience and place for students to enjoy.

By Michael Begley – Agriculture Teacher
Jake Hunter was the winner of the Beenleigh State High School Facebook “Win an IPAD” competition. Jake received his IPAD at parade on Tuesday 30 July from Principal Matt O’Hanlon. The competition was open to all students 15 years or over, currently at Beenleigh State High School and/or parents/guardians who “liked” and remained a member of the Beenleigh State High School Facebook page until the competition was drawn. Keep on the lookout for the opportunity to win another IPAD towards the end of term 3 on the Beenleigh State High School Facebook
积极行为促进学习（PBL）

欢迎回到第3学期。这个两周我们的PBL焦点是‘我们实现——准备好挑战自己’。我们可以在很多方面挑战自己，这个两周我们在田径运动会上挑战了自己。继续保持出色的工作。

By Miss Pantano - HOD Business & Manual Arts

积极行为促进学习（PBL）

欢迎回到第3学期。这个两周我们的PBL焦点是‘我们实现——准备好挑战自己’。我们可以在很多方面挑战自己，这个两周我们在田径运动会上挑战了自己。继续保持出色的工作。

By Ms Richardson - Library Teacher Aid

<table>
<thead>
<tr>
<th>YEAR 8 CLASS AWARD 8A</th>
<th>YEAR 10 CLASS AWARD 10T</th>
<th>YEAR 12 CLASS AWARD 12B</th>
</tr>
</thead>
<tbody>
<tr>
<td>YEAR 8 AWARDS</td>
<td>YEAR 10 AWARDS</td>
<td>YEAR 12 AWARDS</td>
</tr>
<tr>
<td>Odet Odeesho</td>
<td>Bree Milsop</td>
<td>Losa Brown</td>
</tr>
<tr>
<td>Tim Torralba</td>
<td>Jessie Brooks</td>
<td>Taig Glasson</td>
</tr>
</tbody>
</table>
BEENLEIGH SHS SPORTS DAY

Athletics carnival results for Sports Day Friday 26 July. Sports house results and the Age Champions:

Albert 1581

Logan 1492

Pimpama 942

<table>
<thead>
<tr>
<th>13 YEARS</th>
<th>14 YEARS</th>
<th>15 YEARS</th>
<th>16 YEARS</th>
<th>OPEN</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rahmat Akbari</td>
<td>Joseph Gabril</td>
<td>Blade Braithwaite</td>
<td>Nathaniel Aganon</td>
<td>Jake Hunter</td>
</tr>
<tr>
<td>Tori Groves-Little</td>
<td>Marie Gabril</td>
<td>Zara Elu</td>
<td>Gabby McFarland</td>
<td>Taleia Warner</td>
</tr>
</tbody>
</table>

CLICK HERE FOR SLIDESHOW OF ATHLETICS CARNIVAL
CANTEEN WEEK

Last week was ‘Celebrate Canteen Week’, and to acknowledge the excellent work our Canteen Staff perform each day, Principal, Matt O’Hanlon, treated our ladies enjoyed a delicious lunch at local cafe ‘Luv-A-Coffee’ with Business Services Manager, Christine McCarthy.

Thank you ladies Debbie, Erika and Donna for everything you do... it does not go unnoticed!

_By Ms McCarthy - Business Service Manager_

_Photo L-R: Canteen Assistants, Erika and Donna, Canteen Manager, Debbie Gerard, and Principal Mr O’Hanlon_
Beenleigh State High School has subscribed to mhscareers. This allows all students and parents to register for Careers Email Newsletters, and to have a login & password for the website to see careers news and events for all Australia.

_By Miss Armitage - Guidance Officer_

**Newsletters**

Newsletters are sent weekly during term time and are also sent during the holidays.

To register to receive the newsletters use the CONTACT US page on the mhscareers website or send an email to mhscareers@twg.net.au stating your name, email address, school/college name, whether you are a student or parent and the state(s) that you are registering for.

<table>
<thead>
<tr>
<th>Website</th>
<th><a href="http://www.mhscareers.net">www.mhscareers.net</a></th>
</tr>
</thead>
<tbody>
<tr>
<td>Login on the home page to see the calendar and news.</td>
<td></td>
</tr>
<tr>
<td>Login: student or parent</td>
<td></td>
</tr>
<tr>
<td>Password: mhs2013</td>
<td></td>
</tr>
<tr>
<td>Go to “How to use mhscareers” under ABOUT US to see what is on the website.</td>
<td></td>
</tr>
</tbody>
</table>

**GIRLS’ BOOT CAMP**

Ms Jolly is running an afternoon boot camp class for female students. They will experience circuit training, resistance training in the gym, yoga, flexibility and cardiovascular training. This is a fantastic way to get fit and healthy. Classes started Monday 22\textsuperscript{nd} July, 3-4pm in various locations at school.

_Ms Chanelle Jolly – Year 12 Engagement Coordinator_

**SOCIAL MEDIA AND 3G**

The Student Charter Agreement, signed by parents/guardian and student before joining the Laptop Program, specifies that medium permits the student to access social media sites through the laptop. Education Queensland has recently clarified that this only applies to non-school wireless and non-school 3G. Irrelevant of the whether medium or high was ticked on the Student NSSCF Charter Agreement students are unable to
access social media sites while connected to the internet via the school wireless or the EQ 3G (supplied with all Q3 Laptops).

*Miss Lord – Student Laptop Co-ordinator*

### HEALTH NURSE NEWS

**Anxiety:**

Anxiety is a normal feeling that people have when they are faced with something that could be dangerous or difficult, embarrassing or stressful. Exams, job interviews, talking in front of a group, or learning a new skill (such as driving) all make people feel anxious. What are the signs of anxiousness? Your pulse rate might go up, you may have a disturbing feeling in your tummy ('butterflies' in the tummy) and you could feel sweaty.

**Anxiety disorders:**

Usually when the task or event that is causing the stress is over, the feelings of anxiety go away. When these feelings go on and on, and start to get in the way of a normal life, it may be a symptom of an anxiety disorder. The symptoms that go with high levels of anxiety fit into several different patterns or 'types' of anxiety disorder. Working out if you have one of the types of disorder can help you then work out the most useful way of trying to manage the anxiety.

**Generalised Anxiety disorder:**

The main symptom of this disorder is excessive and persistent worry, causing feelings of being keyed up all the time, being easily tired, having difficulty concentrating, irritability, muscle tension and sleep problems. Young people may worry about sport or school performance, including exams, so much that they are not able to do well.

**Panic disorder:**
People with this pattern of feelings experience great anxiety (panic) in situations where most people would not be afraid, such as being in a crowd or on an escalator. They can have many physical symptoms such as:

- Feeling faint or dizzy
- Having a rapid heart rate
- Sweating
- Chest pain
- Blushing
- Having difficulty breathing
- Abdominal pain (and diarrhoea)
- Fear that the attack will lead to them dying or totally losing control

When the panic has gone, there is an ongoing fear that the panic will come back.

Fear of a panic attack can lead them to stop doing things that might trigger a panic attack, such as going outside or going to certain places where they have had a panic attack.

Young people who get panic attacks may have had trouble with fear when they were away from their parents when they were younger (separation anxiety).

www.beyondblue.org.au

www.headspace.org.au

By Cheryl Hewlett - School Nurse

**DENTAL HEALTH NEWS**

**LOGAN-BEAUDESERT AREA - ORAL HEALTH PROGRAM**

Dear Parents/Guardians,

Free dental care is offered to all Queensland resident children from four years of age to the end of Grade 10
through Metro South Health’s Child & Adolescent Oral Health Program. Students who are in year 11 & 12 are eligible if they are dependants of current concession care holders or hold a current concession card themselves.

**Dental examinations and consequent dental treatment is currently being offered at Beenleigh Primary School located at 22 James St Beenleigh 4207.**

If you wish your child/children to access this service, please **contact the Dental Clinic on 3807 4865.** The hours of operations for the Dental Clinic are 7:30am to 4pm Monday – Friday.

- **If you wish your child to attend the School Oral Health Program for a dental examination and treatment you must contact the Dental Clinic by phone or in person.**
- **Consent Forms will need to be completed by parent/guardian before treatment can commence.**
- **Teen Dental Vouchers issued by the Commonwealth Government to eligible students are accepted by the Dental Clinic. If you have a voucher please bring it along to your first visit.**

As part of the Oral Health Program, Queensland Health has implemented safety steps for the School Dental Service and your child’s oral health. This procedure ensures that your child’s dental treatment is performed in accordance with the following safety steps: identification of patient, informed consent, identification of site and side of procedure and the final team check. For further information regarding these safety steps please contact Dental Van staff or refer to this website: [www.health.qld.gov.au/psq/patients.asp](http://www.health.qld.gov.au/psq/patients.asp)

Queensland Health supports the rights and responsibilities of our patients, consumers, carers and families. For further information please contact Dental Clinic staff or visit this website: [www.safetyandquality.gov.au](http://www.safetyandquality.gov.au)

Oral Health Staff can be contacted on phone number 3807 4865.

---

**ENGAGING ADOLESCENTS**

This is a 3 week program designed to give parents/care givers relevant information and practical strategies for dealing with adolescent behaviour. This course will also give parents/care givers confidence and the tools to have a happier relationship with their teenager. A three session practical ‘how-to’ guide for parents of adolescents
13-18 years.

DATE:                      Friday 2\textsuperscript{nd} August – Friday 16\textsuperscript{th} August (3 weeks)

TIME:                       9:30AM TO 11:30AM

PLACE:                    Beenleigh State Primary School, 22 James Street, Beenleigh

Please contact Sandra at Uniting Care Community RAI Program, Beenleigh on 34425900 for more information or to register for this program.

CAT SHOW

Cat Show is to be held on the 3 & 4 August at Springwood Road State School, 94-120 Springwood Road, Springwood. Visit the website http://magnificatsfreeshow.anglefire.com for more information on this show.

40 Alamein Street / PO Box 29
BEENLEIGH 4207 QLD

07 3442 3777
07 3442 3700
07 3442 3760

info@beenleigh.eq.edu.au

http://www.beenleigh.eq.edu.au/

Our Sponsors

Please click on any advertisement to email the affiliated business or view further details such as company brochures, flyers or promotions
Join the ANS Sales Team
POSITIONS AVAILABLE

CLICK HERE
FOR MORE INFORMATION

austnews